



**Personal Training / Performance Coaching
Registration & Payment Form**

(Please complete the form below and return in person or by mail to:
insPIRE Training Systems, 5 Heights Rd., #E-2, Ridgewood, NJ 07450-0252)

Name: _____ D.O.B. _____ Date: _____

Day phone: _____ Cell phone: _____

Address/City/ST/Zip: _____

E-mail: _____

*** NOTE: ALL PAYMENTS ARE FINAL AND NON-REFUNDABLE***

Please indicate the package selection and amount you are paying upon registration:

Personal Training Programs

(one-on-one training, by appointment)

- \$ 125.00 - Personal Health / Fitness or Performance Coaching
(Single session / One session per week Retainer)
- \$ 495.00 - Personal Health / Fitness or Performance Coaching
(Four sessions / One session per week Retainer)
- \$ 225.00 - Personal Health / Fitness or Performance Coaching
(Two sessions per week Retainer)
- \$ 895.00 - Personal Health / Fitness or Performance Coaching
(Eight sessions / Two sessions per week Retainer)
- \$ 295.00 - Personal Health / Fitness or Performance Coaching
(Three or more sessions per week Retainer)
- \$ 1175.00 - Personal Health / Fitness or Performance Coaching
(Twelve sessions / Three or more sessions per week Retainer)

Method of Payment:

- Check (payable to Inspire Training Systems)
- Visa
- Master Card
- American Express
- Discover

<p>Security code (3 or 4-digit code on back of credit card):</p> <p>_____</p>
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Card# _____

Exp. Date: _____

Signature: _____ Date: _____